PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Making friends: playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4	Mental health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Respecting boundaries	Families and growing together
Year 5	Friendships, stereotypes and bullying	Mental health and wellbeing	Positively engaging with our world	Me, my body and growing up	Safe connections online	Embedding healthy habits and learning first aid
Year 6	Mental health and wellbeing	Managing money and online spending	Developing our understanding of AI	Drug education: assessing risk and managing influences	Changes in puberty (and sex education)	Looking to the future

Early Years – Building the Foundations

In Nursery and Reception, PSHE learning is woven throughout the Early Years curriculum, particularly within Personal, Social and Emotional Development (PSED). Through play, stories, discussions, daily routines and adult-led activities, children develop friendships, learn to recognise and manage their feelings, build independence and begin to understand the importance of kindness, respect and keeping themselves safe. These experiences provide important foundations for their PSHE learning in Key Stage 1 and beyond.

BEWDLEY PRIMARY SCHOOL

Developing PSHE Vocabulary

Throughout school, children develop and revisit age-appropriate vocabulary to help them understand and discuss their feelings, relationships, health, safety and responsibilities. As they progress through the year groups, they become increasingly confident in expressing their views, explaining their choices, recognising different perspectives and using appropriate language to discuss sensitive issues.