PE Curriculum Overview

YEAR	OUR LEARNING	WHAT CHILDREN LEARN	KEY SKILLS DEVELOPED
Year 1	Fundamentals; gymnastics; dance; ball skills; invasion and net/wall games; athletics	Developing running, jumping, balancing, throwing and catching; exploring movement patterns, simple games and dance sequences.	Balance, coordination, agility, control, spatial awareness and cooperation.
Year 2	Ball skills; gymnastics; dance; invasion games; net and wall games; athletics	Refining movement and ball control; linking movements in gymnastics and dance; applying skills in simple games with rules.	Accuracy, movement sequences, sending and receiving, teamwork and simple decision-making.
Year 3	Fundamental and ball skills; gymnastics; basketball; dance; invasion games; tennis; swimming; hockey; cricket; athletics; golf	Applying movement skills in a wider range of sports; beginning to select techniques and make decisions in games; developing swimming and water safety.	Passing, receiving, striking, coordination, game awareness, swimming skills and collaboration.
Year 4	Fundamental and ball skills; dodgeball; netball; dance; gymnastics; outdoor adventurous activities; cricket; rounders; athletics; swimming	Developing control and consistency in games and movement sequences; working together to solve challenges; continuing swimming and water safety.	Accuracy, tactics, movement quality, teamwork, problem-solving and swimming confidence.
Year 5	Netball; dance; hockey; badminton; volleyball; gymnastics; outdoor adventurous activities; football; rounders; athletics; dodgeball	Refining sport-specific techniques; applying rules and tactics; combining skills in competitive games and collaborative challenges.	Control, tactical awareness, communication, collaboration and performance improvement.
Year 6	Tennis; hockey; rugby; gymnastics (vault, balance and rhythmic); basketball; outdoor adventurous activities; dance; rounders; athletics; cricket	Using techniques and tactics with increasing independence; making decisions and communicating in games; observing, evaluating and improving performance.	Strategic decisions, technique, feedback, evaluation, resilience and leadership.

Physical Development in EYFS

In Nursery and Reception, children develop gross and fine motor skills through continuous provision, outdoor play and planned adult-led activities. They explore movement, balance, coordination and control, building confidence and readiness for PE in Year 1.

Physical Skills, Vocabulary and Enrichment

Skills are revisited and developed through increasingly challenging activities, from fundamental movement in Key Stage 1 to more complex techniques, tactics and evaluation in Key Stage 2. Teachers assess progress through ongoing observations. Vocabulary is introduced through Get Set 4 PE and the activities being taught.

Competitions, festivals, Sports Day and other sporting experiences complement PE lessons, giving children opportunities to participate, cooperate and celebrate achievement.

BEWDLEY PRIMARY SCHOOL