

Our Supporting Families and Wellbeing Offer

At Bewdley Primary School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help. We can help to plan specific support for families where we can all work together to set and achieve outcomes.

A wide variety of needs can be supported through our supporting families offer. This might be one off chat and a cup of tea to get something off your chest or a more structured plan of support to help get your family on the right track.

Our supporting families offer can help children and families with:

Routines and behaviour

Advice on healthy diet and lifestyles

Mental health and wellbeing for children and families

Special Educational Needs (SEND) support

Children who may not want to go to school for different reasons

Supporting families with bereavement

Children or parents / carers misusing drugs or alcohol

Food bank

Help with completing forms







Supporting parents/carers in meetings with external agencies (Social worker, school nurse, housing)

Referrals to outside agencies

These are just a few things we can support you with, if you need help please do come and speak to a member of staff.

At Bewdley Primary School we pride ourselves in putting our children and families at the centre of what we do. Please feel free to come and have a chat about any concerns you may have so that we can support children in school and look at support for the family. All of our staff are here to help you.

Below are our staff members who are part of our Safeguarding and Wellbeing Team.

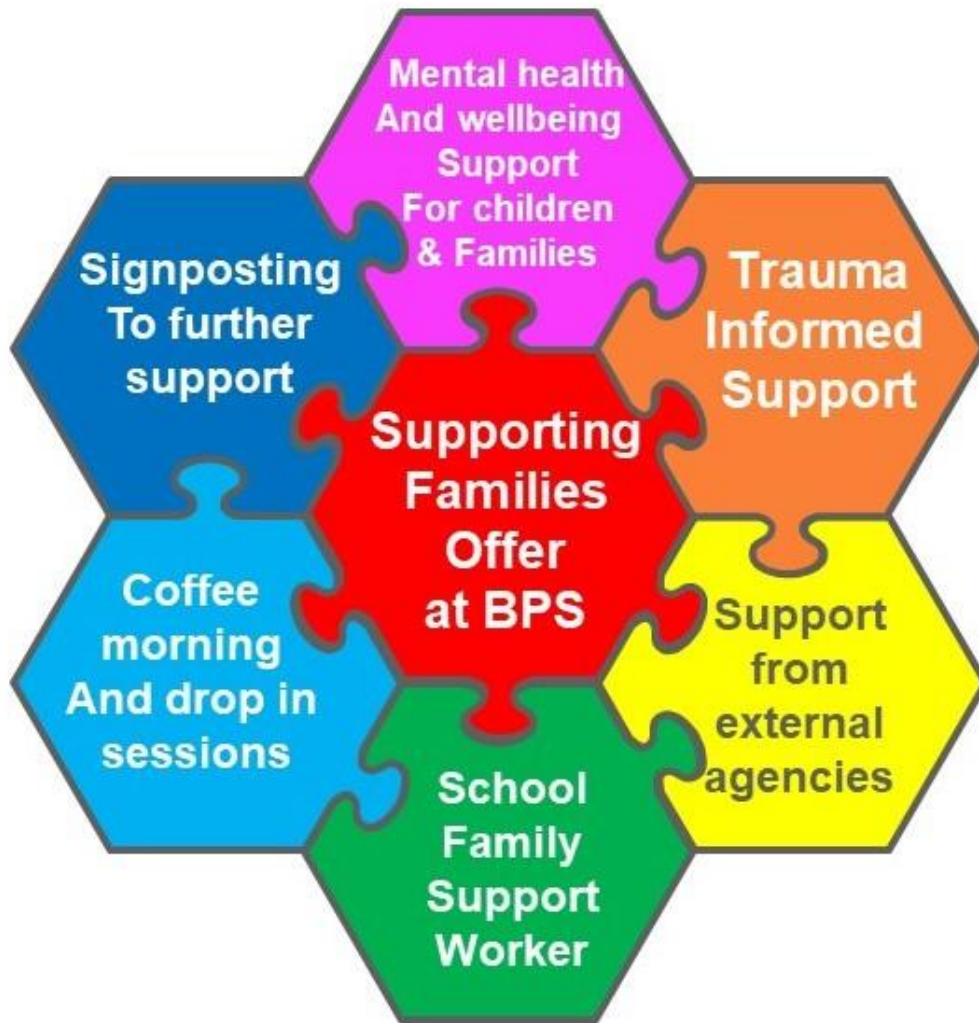
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|  |  |  |  |  |  |
| Miss Bradley Headteacher & DDSL | Mrs Bennett SENDCO and DSL | Mrs Mills Family Support & DDSL | Mr Pritchard DDSL | Mrs Humphrey Pastoral Support | Mrs Hares Mental health & Wellbeing Lead |

(DSL – Designated Safeguarding Lead, DDSL- Deputy Designated Safeguarding Lead)

At the start of each day, you will find senior leaders and members of the safeguarding team either outside at the front of school or on the school gate if you need anything. For more private conversations, contact the school office to arrange an appointment.

Sometimes, families need longer-term support. In these cases, we can work together with an Early Help Plan to outline the things that are going well and identify the struggles or things that are not going so well. Together we will consider and put in place a range of strategies to support the family. We will meet regularly, talk on the phone or have a cup of tea and a chat about how things are going, the impact of strategies put in place or if anything further needs to be considered.

There are times when life does not go according to plan and the above strategies are not quite enough to get the family back on track. Therefore, a targeted Early Help Family Support Plan may be a further option. A referral will be made with the consent of the family by the school. Families will continue to receive support through school as well.











Supporting Families at Bewdley Primary School

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| Mental Health and Wellbeing Support | We have a designated team lead by Mrs Hares to help children and families with their Mental health and Wellbeing. |
| Trauma Informed Support (TIS) | Mrs Humphrey and Mrs Bennett are our TIS practitioners in school. They are here to support our children and help to process and work through their emotions. |
| Support from external agencies | At BPS we work closely with other agencies and put you in touch with them if you have a particular problem or concern that we can't support you with. |
| Family Support Worker | Mrs Mills works in school every day. She is here to support both children and their parents/carers. You can contact her through the school office if you need anything. |
| Coffee morning and drop-in sessions | Mrs Mills hosts a coffee morning most Fridays. Come along and meet new parents and have a chat in an informal setting about any concerns you might have. |
| Signposting to further support | On occasion you may want to find support yourself. We can help with signposting you to different agencies and support providers. |

Local and National Support for Families

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| <p>WORCESTERSHIRE VIRTUAL FAMILY HUB </p> | <p>WCC Virtual Family Hub https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub</p> |
| <p> Starting Well Partnership EVERY CONTACT SHAPES A LIFE</p> | <p>Starting Well Partnership https://www.startingwellworcs.nhs.uk/families</p> |
| <p> HOME START Wyre Forest</p> | <p>Home Start Wyre Forest https://www.homestartwyreforest.org.uk/</p> |
| <p> PEGS PARENTAL EDUCATION GROWTH SUPPORT</p> | <p>PEGS https://www.pegssupport.co.uk/</p> |
| <p>HARMONY  AT HOME</p> | <p>Harmony at home Supporting Parental Conflict https://www.worcestershire.gov.uk/council-services/childrens-services/virtual-family-hub/harmony-home</p> |
| <p> The Children's Bowel & Bladder Charity</p> | <p>ERIC https://eric.org.uk/</p> |
| <p> ONSIDE PASSIONATE ABOUT EQUALITY</p> | <p>Onside Advocacy https://www.onside-advocacy.org.uk/</p> |
| <p> The Wyre Forest Hospice</p> | <p>Kemp Family support and bereavement https://www.kemphospice.org.uk/familysupport</p> |
| <p> henry Healthy Start, Brighter Future</p> | <p>Henry https://www.startingwellworcs.nhs.uk/henry/</p> |
| <p>The Children's Society</p> | <p>The Children's Society https://www.childrenssociety.org.uk/</p> |
| <p> Get Safe Worcestershire</p> | <p>Get Safe Worcestershire https://www.worcestershire.gov.uk/council-services/childrens-services/childrens-social-care/get-safe/what-get-safe</p> |

Mental Health Support for Adults and Children

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|  | Mind https://www.mind.org.uk/ |
|  | Young Minds https://www.youngminds.org.uk/ |
|  | Qwell https://www.qwell.io/ |
|  | Reach 4 Wellbeing https://camhs.hacw.nhs.uk/reach4wellbeing/ |
|  | Andy's Man Club https://andysmanclub.co.uk/ |
|  | Samaritans https://www.samaritans.org/ |
|  | Every Mind Matters https://www.nhs.uk/every-mind-matters/ |
|  | Shout https://giveusashout.org/ |

