

What is Bullying?

When someone says or does something hurtful on purpose, and they keep doing it. To help us remember this, we use S.T.O.P (Several Times on Purpose).

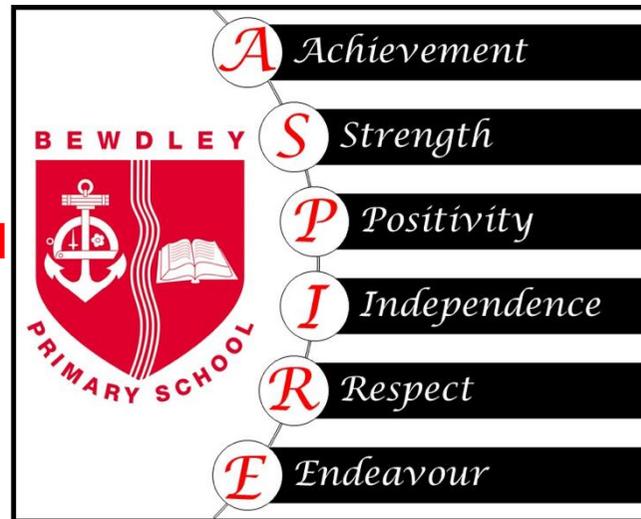


Bullying can be:



Bullying is not...

- ⊘ Accidents
- ⊘ Fallouts with friends
- ⊘ Something that only happens one time
- ⊘ Fighting



What do I do if I am being bullied?

Do:

- ✓ Tell someone
- ✓ Find an adult
- ✓ Ask them to stop if you can
- ✓ Find an ABA, who can point you to the right people

Don't:

- ✗ Do what they say
- ✗ React back
- ✗ Think it's your fault
- ✗ Hide it

BPS is a place where everyone has the right to be themselves. We want everybody to feel safe, be happy and learn.

This policy has been developed by the Anti-Bullying Ambassadors.



Role of ABAs:



We are here to support everyone in BPS to become upstanders! We will do this by leading anti-bullying campaigns (like anti-bullying week). We will use our training to equip BPS with the tools needed to stop bullying!

