

ABAs – Respect

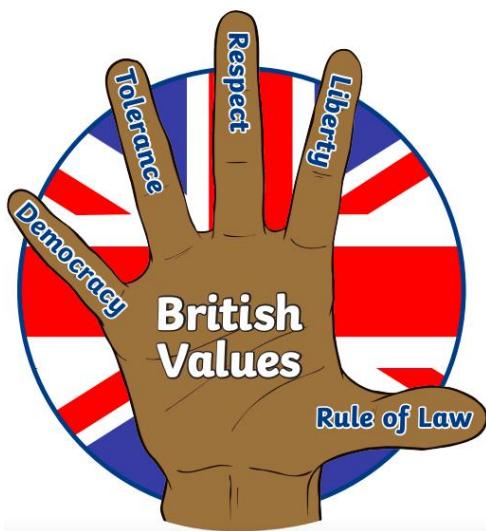
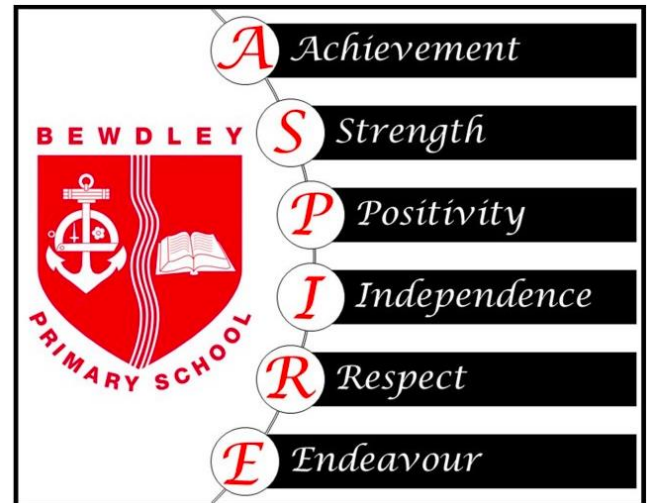


We are the Anti-Bullying Ambassadors! Our first goal, which we have been working towards since our training, is earning a 'Respect/Inclusion Badge'. After discussions, we felt that this badge would be a great addition to BPS as respect plays such a big role in our school community already - as one of our school rules and values!

Since returning from Christmas, our values focus has been 'respect' and we have started to look at different ways to show this – don't be surprised if you hear 1 of our 4 keywords: thank you, sorry, excuse me and please!

What is respect?

We believe respect is a positive way of treating someone. It involves recognising each other's value and treating them as equals. We all show respect in several ways at school, when we: listen to each other, wait our turns and tidy up our equipment.



It can take many forms:

- **Respect is** knowing I am unique and valuable.
- **Respect is** listening to others and their ideas.
- **Respect is** knowing others are valuable too.
- **Respect is** treating myself and others nicely.
- **Respect is** taking care of my objects and surroundings.
- **Respect is** following rules and understanding they are there for a purpose.

Why do we believe this is important?

We believe that being respectful helps to build up our trust, wellbeing and safety, particularly in school. All of which helps us in our fight to eradicate bullying.

ABA challenge – how many times can we show respect to others, ourselves and our surroundings over the next week?



Some of our ABAs showing you how to sign 'respect' in BSL.