



Medium Term Unit Planning

| Lesson title and learning Intention | Threshold concepts (success criteria) | Milestones (success criteria) | Lesson structure/differentiation |
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| P.E - rounders | | | |
| 1. Batting and bowling | Develop practical skills in order to participate, compete and lead a healthy lifestyle. | Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). | Warm up – tag Batting and bowling skills Why is it important to hold and swing the bat correctly when batting? How can you ensure you connect with the ball when batting? What can you do to hit the ball as far as possible? How should you stand and step when bowling? At what point should you release the ball when bowling? Where should you aim when bowling? Provide opportunities for the children to watch their peers and give feedback |
| 2. Throwing and catches | Develop practical skills in order to participate, compete and lead a healthy lifestyle. | Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession. Uphold the spirit of fair play and respect in all competitive situations. | Warm up – atoms and molecules Throwing and Catching: five reasons why throwing and catching is important in rounders? Discuss scenarios Why is it important to be able to catch the ball in rounders? Why is it important to be able to throw the ball correctly and accurately in rounders? Types of Throws and Catches: When might you need to make a fast throw? When might you need to catch a high ball? When might you need to catch a low ball? When might a long, overarm throw be required? |



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| | | | <p>Overarm throw Catching a high ball/straight ball Game</p> |
| <p>3. Backstop and bases</p> | <p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p> | <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession. Uphold the spirit of fair play and respect in all competitive situations.</p> | <p>Warm up – dragon Batting, Bowling, Throwing and Catching Recap How might your batting technique vary with a fast or slow bowler? How might your throwing technique vary in different situations? How might your catching technique vary in different situations? The Triangle Where should the backstop stand? Where should the first base fielder stand? What is the bowler responsible for during the game? When should the backstop throw the ball to first base? When should the backstop throw the ball to the Triangle training Bases Races around bases</p> |
| <p>4. Deep fielding</p> | <p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p> | <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> | <p>Skunk tag Fielding Positions Recap Why is it important to have a strong fielding team? How do the fielders work together?</p> |



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| | | <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p> | <p>Why are the deep fielders allowed to move around?</p> <p>Where might a deep fielder throw the ball once it is retrieved?</p> <p>Skill - Stopping the Ball:</p> <p>How could you position yourself to stop a ball that is rolling towards you?</p> <p>How could you position yourself to stop a ball that is hit into the air?</p> <p>How could you position yourself to stop a ball that might bounce before it reaches you?</p> <p>Tactics!</p> <p>Game</p> |
| 5. Tactics | <p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p> | <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Lead others when called upon and act as a good role model within a team.</p> <p>Choose the most appropriate tactics for a game.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p> | <p>Warm up – commando</p> <p>'scenario' activity where they will have to come up with a successful strategy and tactic to get players out.</p> <p>Which tactics and strategies did you try that worked well?</p> <p>Which tactics and strategies didn't work so well?</p> <p>Was there a scenario you find particularly difficult?</p> <p>Game</p> |
| 6. Applying | <p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p> | <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> | <p>Warm up – 1,2,3,4</p> <p>Skills recap</p> <p>Team talk</p> <p>Game!</p> |



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| | | <p>Lead others when called upon and act as a good role model within a team.</p> <p>Choose the most appropriate tactics for a game.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p> | |
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