



# Medium Term Unit Planning

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
P.E. - Rugby			
1. Evade and tag	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).	Warm up – Foxes and farmers Sprint/pass/try What could you do to avoid being tagged? Use the whole area, look for gaps between defenders, run at speed, change direction and speed, side step. Discuss these techniques and model to pupils. Play 'Run the Gauntlet'. Rules of tagging
2. Pass and retrieve at speed	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).  Choose the most appropriate tactics for a game.	Warm up – Throw and run Holding/passing/catching positions Inside run/outside pass Importance of communication. Important rule of not being allowed to pass it forward. Explain that when receiving a pass on the move, the aim is to take it in your stride and not slow down. Why might you call for the ball in a game? Why might you pass in a game? Play a game of 3v2 where the pupils can practice their passing skills and positioning. EXT The attackers must complete a certain number of passes before they can score a try. Each attacker must touch the ball in a phase of play before they can score a try.
3. pass and receive a pass at speed in a	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	Choose and combine techniques in game situations (running,	Warm up – Octopus tag Sprint/jog/pass Playing a game. Start off by disallowing any interceptions. Award a point for the completion of



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<p>game situation.</p>		<p>throwing, catching, passing, jumping and kicking, etc.).</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p> <p>Choose the most appropriate tactics for a game.</p>	<p>5 passes anywhere on the pitch. Play the rule that a try can only be scored if at least 5 passes have been made in the build-up. EXT Add or reduce the numbers of players in teams to ensure all teams are challenged.</p>
<p>4. Attacking and defending skills</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p>	<p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p> <p>Choose the most appropriate tactics for a game.</p>	<p>Warm up – gates game</p> <p>Play a full game of tag rugby with a focus on decision making and making the most of opportunities which arise. Add new rules to put the focus on making the most of possession and taking opportunities. Explain that if pupils have not scored a try after 8 passes then possession turns over. Keep reducing this number as the game progresses.</p> <p>What should you do if the defence is bunched up? What should you do when the defence is spread out?</p>
<p>5. Team tactics</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p>	<p>Work alone, or with team mates in order to gain points or possession.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up – Arm link tag focusing on communication</p> <p>Focus on attacking tactics for different situations in a game. The first will be direct from the start of the game where attackers have possession in the middle of the pitch (same as after a try is scored). How will the defenders be positioned? What will be the best tactic in this situation? Give pupils the opportunity to play out other game scenarios such</p>



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		Choose the most appropriate tactics for a game.	as starting possession 7m in front of the opposition try line and starting deep in their own half. Discuss different opportunities,
6. Apply	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	Work alone, or with team mates in order to gain points or possession. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game.	Warm up – captains to lead Rugby tournament