



Medium Term Unit Planning

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
PSHE - Growing and changing + Families and friendships			
1.	Growing and changing	Managing transitions	Describe the physical and emotional changes that occur during puberty and ways you can manage these. Myths and facts Puberty zone of relevance
2.	Growing and changing	Increasing independence	Describe some of the changes as we grow up and identify the range of feelings associated with these changes.
3.	Families and Friendships	Attraction to others; romantic relationships; civil partnership and marriage	Identify what makes a positive, healthy relationship and that relationships can change over time. What makes a positive healthy relationship? Different kinds of relationships include gender identity and sexual orientation. Scenarios. A loving relationship needs? What is marriage? Civil partnership? Arranged marriages/ Forcing someone to marry is illegal.
4.	Growing and Changing	Human reproduction	Learn about adult relationships and the human life cycle. Know how a baby is made and how it is born and grows. Identify the links between love, committed relationships and conception. Discuss consent. Know that pregnancy can be prevented with contraception ² How does having a baby change your life?