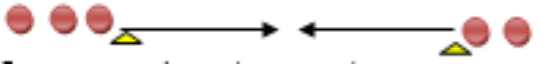
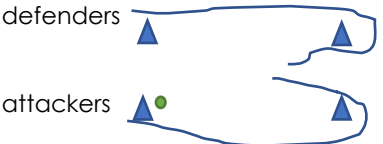


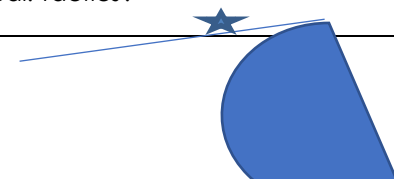


Medium Term Unit Planning

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
Hockey			
1. Dribbling	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Choose and combine techniques in game situations. Work alone, or with team mates in order to gain points or possession. Uphold the spirit of fair play and respect in all competitive situations.	<p>Warm up – dishes and domes</p> <p>Skills/activities -</p> <ul style="list-style-type: none"> • Correct way to hold hockey stick – safety • Dribbling - close/head up • Dribble around cones – change direction. Foot to foot, in a circle, bounce ball on stick • V drag, Roll strong, left/right drag • Rob the nest - dribbling
2. Passing and receiving	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Choose and combine techniques in game situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.	<p>Warm up – traffic lights</p> <p>Skills/activities -</p> <ul style="list-style-type: none"> • Rob the nest – dribbling – recap on skill • 3 v 1 piggy in the middle – passing – tactics • Small game - Each team has 2 small goals. To score the students must make 5 passes. When 5 passes are made without the other team intercepting a goal is given and the other team start with the ball.
3. Passing and moving into a space	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Choose and combine techniques in game situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.	<p>Warm up – Sharks and Fishes – pupils in pairs with 1 ball between 2. 1 in a fish with the ball, the other is the shark without a ball. Fishes must go 'swimming' dribbling around the area, which sharks wait together. When 'shark attack' is called the sharks must go and steal the ball from their partner (fish) and dribble back to the start.</p> <p>Skills/activities -</p> <ul style="list-style-type: none"> • 3 v 1 piggy in the middle – passing – tactics • Pass and move - numbered 1 to 6 – pass to next number

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<p>4. Tackling</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p>	<p>Choose and combine techniques in game situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up – sharks and fishes</p> <p>Skills/activities-</p> <ul style="list-style-type: none"> • Tackling – the rules! • First person dribbles forward, while opposite person meets them and steals the ball using a block tackle (low, flat stick). When the ball is  <p>tackled, someone from opposite then steals the ball from them, and so on.</p> <ul style="list-style-type: none"> • Out witting and opponent –in fours –line up on either attacking or defending side. Attacker starts with ball; when they both set off must run around the cone opposite. Attacker has to dribble over the start line, defender must dribble over opposite. (block tackle; low and flat stick) 
<p>5. Tactics and shooting</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p>	<p>Choose and combine techniques in game situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up – rob the nest</p> <p>Skills/activities:</p> <ul style="list-style-type: none"> • Shooting in pairs - students stand a distance away from each other with a goal made of 2 cones in between them. Effect of part of sticks? Distance? • Attack/Defence task – 2 teams on either side of the pitch, all numbered e.g. 1-6. The ball starts in the middle. One person calls a number, that number from each team runs to get the ball. The person who gets the ball becomes the attacker, the other defends. 1V1 against the goal. Tactics?





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<p>6. Games and tactics</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p>	<p>Choose and combine techniques in game situations. Lead others when called upon and act as a good role model within a team. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up – sharks and fishes</p> <p>Activities:</p> <ul style="list-style-type: none"> • Mini tournament 0 pupils in small sided games (e.g. 3'v3)