



Medium Term Unit Planning

Topic Name: Netball	
Learning outcome: The children will familiarise themselves with the rules of netball and the specific movement restrictions They will develop and refine several skills required to successfully compete in a netball match, These skills will focus specifically on passing, movement and shooting. Whilst doing so, the children will have many opportunities to compete in games and matches, in doing so they will recognise the importance of fair play and respect in games of sport.	
Hook: Netball World Cup.	Topic Showcase (e.g. display, museum, performance, presentation): Host a netball tournament for/with another local primary school.
Oracy: Evaluation of performance in the final lesson following a netball tournament. Tournament with another school – communicating. Communicating as members of a team. Developing sports commentary and feedback when performing.	Key Vocabulary: Bounce pass, centre, centre pass, chest pass, contact, timekeeper, throw in, toss up, scorer, shoulder pass, dodge, defend, shoot, move, restrict, pass, aim, accuracy, precision, footwork, footwork rule, marking, obstruction, offside, overhead pass, pivot, goal attack, goal defence, goal shooter, position.
Key Texts (whole class reading/end of the day book/Talk for Writing Texts etc.): Under review	



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Citizenship/Community Opportunities (Focus – change in attitude/increase knowledge and awareness/make a difference):

Competing and collaborating with another school – bringing the community together.

Experiences/Visits/Visitors:

Tournament with another local primary school.

Main subjects covered:

PE

PE threshold concepts:

Develop practical skills in order to participate, compete and lead a healthy lifestyle

This concept involves learning a range of physical movements and sporting techniques.

Notes:

This unit of work not only focuses on the children's skills and techniques as players, it also develops their skills as members of a team, focusing on respect, fair play and communication.

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
1. To understand the rules of a game of netball, specifically focusing on movement restrictions.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose the most appropriate tactics for a game. Work alone, or with team mates in order to gain points or possession.	Warm up: the children will begin with a quick ball skills passing warm up. They will then be introduced to the dynamics behind a game of netball (rules, positions). Coaching Points: Game



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		<p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Rules, Footwork Rules, and Position Restrictions. The children will then focus in on the positions and roles involved with a game of netball through a mini game set up. To consolidate their understandings of the rules, the children will play mini end zone games where they will follow the regular movement restrictions in netball. The teams will attempt to score by passing the ball into a player in the end zone. The children's knowledge of the positions and roles will then be tested through a netball match.</p>
<p>2. To develop different types of</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p>	<p>Work alone, or with team mates in order to gain points or possession.</p>	<p>Warm up: the children will start with a dynamic warm up with cones spread over</p>



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<p>passes used in a netball match.</p>	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>the available space. Netballs will then be added into the warm up and the children will move around and pass to other players (who must catch the cone). The children will experiment with a range of pass types -Chest / Bounce / Overarm etc. The aim will be for the children to receive from one, dribble away and pass to another. As the children become more advanced, defenders will be added who can intercept the pass. The children will then discuss the different types of passes used in the warm up and reflect on the techniques they used considering their own strengths and weaknesses.</p>
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			<p>Demonstrate correct technique for each pass. Coaching Points: Communication, eyes on target, weight and height of pass – target with hands ready, move to space to receive. The children will then practise the different types of passes in an end zone game, whereby players score by passing the ball into a player in the end zone.</p> <p>The skills and techniques learned will then be applied in a game of netball where the positions and roles will continue to be introduced.</p>
<p>3. To develop spatial awareness when moving ready to receive a pass.</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p>	<p>Choose the most appropriate tactics for a game.</p>	<p>Warm up: dynamic stretches. The children begin the lesson by recapping the different</p>



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	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Field, defend and attack tactically by anticipating the direction of play.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>types of passes used in netball. Coaching Points: Communication, Eyes on target, weight and height of Pass – Target with hands ready, move to space to receive. This recap will be done through a game of passing in numbers. During this game, the children must pass the ball around their team in their numbers and repeat. Races and challenges will be added e.g., varying the types of passes they do to count. Defenders will then be added to the game (they will tag a player who has the ball in their possession).</p> <p>The passing skills will then be applied in a netball</p>
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			match where the children continue to recap the positions and use a variety of pass types.
4. To apply my knowledge of passing and movement in a game situation.	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up: the children will begin by practising their passing skills from last lesson. The aim will be for the children to pass 'through' another team to earn points. This will allow the children to recap the different types of passes.</p> <p>Coaching Points: Communication, Eyes on Target, Weight and Height of Pass – Target with Hands Ready, move to space to receive.</p> <p>The children will then apply their passing and moving techniques/skills in a series of mini end zone games. Movement of the ball will</p>



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			<p>be encouraged throughout the game.</p> <p>The children will evaluate their passing/movement and consider how it has developed.</p>
<p>5. To use the correct and most effective shooting technique.</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up: the children will begin by practising their passing skills from last lesson. Players practice shooting from all angles and distances. A defender will be added in each group to add pressure to the shooter.</p> <p>Demonstrate shooting technique. Coaching Points: Steady yourself Eyes on Target, Weight and Height of Shot, 'Looping Shot', One hand, aim higher to loop in.</p> <p>The children will engage in 2 mini netball matches on</p>



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			<p>smaller pitches (3v3) to allow them to practise their precision when shooting.</p>
<p>6. To develop precision and accuracy when shooting or aiming for a target.</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up: the children will begin by practising their passing skills from last lesson. They will recap the correct and most effective shooting technique.</p> <p>Coaching Points: Movement to receive. Steady yourself Eyes on Target, Weight and Height of Shot, 'Looping Shot'. The children will then use this recap to aid them in a 2v1 shooting game where either player can score.</p> <p>The children will then play a mini netball match on smaller pitches (3v3/4v4) where they will be focusing on their shooting.</p>



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<p>7. To apply my knowledge of netball rules and the skills I have learned to a netball tournament.</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Field, defend and attack tactically by anticipating the direction of play.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Mr Men warm up: explain game rules, footwork rules, and position restrictions The children will spend this lesson engaging in several mini end zone games, with 3 lanes and 2 teams per lane. The games will be played with the regular netball movement restrictions. The children will be aiming to score by passing the ball into a player in the end zone. This will be done in a tournament style whereby the children play other teams in timed games. This will then be changed into mini netball tournaments (which will be focused on in the next lesson). Tournament rotation, each team plays</p>
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		Lead others when called upon and act as a good role model within a team.	each team once with a final at the end.
8. To evaluate my performance in a netball tournament.	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Field, defend and attack tactically by anticipating the direction of play.</p>	<p>Warm up: dynamic stretches. The children will apply all of their knowledge and skills in a mini netball tournament. Teams play netball with regular movement restrictions and regular netball match rules. Players must play 1-2 positions only decided by the coach. Play a stop start instructional game of Netball with coaching points throughout the game. Following the games, the children reflect on how their skills have changed, how they have improved and areas to develop further. The</p>



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		<p>Uphold the spirit of fair play and respect in all competitive situations.</p> <p>Lead others when called upon and act as a good role model within a team.</p>	<p>children will then prepare to host their netball tournament for another local primary school (consider rules, set up, scoring etc).</p>
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