

Topic Name: Football	
	defending skills throughout this unit of work. The children ation successfully and evaluate their performance. As the to outwit their opponent.
Hook: Watching videos of greatest football world records.	Topic Showcase (e.g. display, museum, performance, presentation): Football year group tournament.
Oracy: Developing sports commentary and feedback when performing.	Key Vocabulary: Attack, defend, dribble, dragback.
Key Texts (whole class reading/end of the day book/To Under review	alk for Writing Texts etc.):
Citizenship/Community Opportunities (Focus – change difference): Opportunities to lead football session with younger chil	in attitude/increase knowledge and awareness/make a dren at break/lunchtimes.
Experiences/Visits/Visitors: Direct Sports coach	
Main subjects covered: PE	

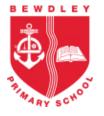


PE threshold concepts: Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.

Notes:

This scheme of work will be structured around football, developing the skills involved leading up to a game.

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
1. To develop the dribbling technique.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).	Warm up: practice ball skills, dribbling around area, alternate between big and small touches with both feet. Challenge 1: count how many touches in a minute. Challenge 2: earn
		Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play.	a point per touch, minus points if children bump into someone. Challenge 3: if children bump into someone they sit down and are out until time ends. Challenge 4: players can free frozen players by dribbling to them and



		Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a team.	stopping. Play matches of 5 v 5 each team with substitutes who rotate. Encourage the dribbling skill slowly introducing rules of the match.
2. To develop the dribbling technique using all parts of the foot.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession.	Warm up: practice ball skills, each player dribbles a ball around using their left and right foot, both on the inside and outside of their feet. Play mini football matches of 4 v 4 with a goal keeper slowly introducing rules of the match.



		Field, defend and attack tactically by anticipating the direction of play. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a	
3. To develop the dribbling technique with aerial control.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	team. Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).	Warm up: players dribble around, ball thrown in the air for pupils to control using foot, thigh etc. Divide the children into 2 groups. In each group, half have a
			ball in hands, half without. Players without a ball, run



		 Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. 	to players with the ball and receive out of the air and play the ball back to them, they find another player and repeat. Progression 1: receive off one player, dribble and pass to another. Progression 2: add defenders to challenge. Divide players into 4 equal teams for mini matches of 4 v 4. Players pass using their hands first. Progression 1: players pass with hands but control with feet.
5. To develop the skill of running with the ball.	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Lead others when called upon and act as a good role model within a team. Choose and combine techniques in game situations (running, throwing, catching,	Warm up: set players into lanes with 3-4 players per group, first player with the football. Players dribble to



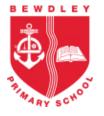
	This concept involves learning a	passing, jumping and	opposite end of their lane,
r	range of physical movements	kicking, etc.).	lay the ball off and join the
	and sporting techniques.		back of the line. Challenge
		Work alone, or with team	1: players now attempt the
		mates in order to gain	same exercise but fewer
		0	
		points or possession.	touches between cones.
			Challenge 2: encourage
		Field, defend and attack	bigger touches and
		tactically by anticipating	children race. Move onto a
		the direction of play.	chasing defender, now
		the direction of play.	0
			when you lay the ball off to
		Choose the most	the next person in the
		appropriate tactics for a	group pupils must touch the
		game.	cone and chase the person
		0	back and repeat. Play mini
		Uphold the spirit of fair	football matches of 4 v 4
		Uphold the spirit of fair	
		play and respect in all	with a goal keeper slowly
		competitive situations.	introducing rules of the
			match.
		Lead others when	
		called upon and act	
		as a good role model	
		within a team.	



6. To develop the skills of dribbling and turning with the ball. Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations.	Warm up: children are divided into small groups for 4v4. Players score by dribbling into the end zones in control. Play King/Queen of the Castle. 'Knights' must dribble into a castle and back out to get a point, encouraging use of turns and skills. 'Kings and queens' defend their Castle by kicking the balls away from the 'knights' Progression: if King/Queen gets you, you lose a point. Children to play mini matches. Children are divided into groups for 4v4.
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		Lead others when called	
		upon and act as a good	
		role model within a	
		team.	
7. To develop the	Develop practical skills in order	Choose and combine	Warm up: children to
skills of dribbling	to participate, compete and	techniques in game	dribble around randomly
and dragback	lead a healthy lifestyle	situations (running,	placed cones. Players then
turning.	This concept involves learning a	throwing, catching,	dribble to a cone, perform
_	range of physical movements	passing, jumping and	a turn/dragback and turn
	and sporting techniques.	kicking, etc.).	away. Progression: how
		Č ,	many turns in a minute/first
		Work alone, or with team	to 10 cones and sit down
		mates in order to gain	etc. Players in pairs facing
		points or possession.	each other with a cone in
			the middle. Players dribble
		Field, defend and attack	to the middle, perform a
		tactically by anticipating	turn/dragback and dribble
			•
		the direction of play.	back to cone. Progression:
			players dribble to the
		Choose the most	middle and race each
		appropriate tactics for a	other to get back to their
		game.	cone first. Children to
			partake in ladder
			competition where they



		Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a team.	play their partner for 1 minute. At the end of a minute, whoever has won moves up the ladder, whoever lost moves down the ladder.
8. To develop the skills of dribbling and dragback turning.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play.	Warm up: children to dribble a ball using their right foot. Left foot, inside and outside of their feet. They are to dribble up to others and turn away. Children are divided into pairs, dribble their ball to the middle and perform a dragback turn at the cone and dribble back to their cone. Progression: turn into races vs your partner. Progression 2: ladder tournament. Children to



		Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good role model within a team.	partake in mini football matches of 4v4.
9. To develop the skills of attacking and defending.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession.	Warm up: children have a ball each dribbling around. They dribble to a cone, drop their shoulder and accelerate away from cone. Children to practise this with both feet. Children to dribble to other players, drop their shoulder and dribble away. Defenders are added in who attempt to block their path.



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		Field, defend and attack	Children are in lanes, to do
		tactically by anticipating	drop shoulder and dribble
		the direction of play.	races. Children to play
			'Sharks and Surfers'. Players
		Choose the most	with a ball, attempt to get
		appropriate tactics for a	past the shark to the end
			line safely. If caught the
		game.	
			pupil becomes a standing
		Uphold the spirit of fair	shark. Children to attempt
		play and respect in all	'shoulder drop' to get past
		competitive situations.	shark for extra lives.
		Lead others when called	
		upon and act as a good	
		role model within a	
		team.	
10. To develop the	Develop practical skills in order	Choose and combine	Warm up: player 1 passes
skills of attacking	to participate, compete and	techniques in game	to player 2 who takes a
0			. ,
and defending	lead a healthy lifestyle	situations (running,	touch to either cone. Player
	This concept involves learning a	throwing, catching,	1 then goes to the opposite
	range of physical movements	passing, jumping and	cone to get ready to start
	and sporting techniques.	kicking, etc.).	again. Repeat with players
			choosing which cone they
			want to go to. Progression:



		 Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. 	player who takes the 1st touch can now choose which cone they go to, Player 1 must run to the opposite cone. It becomes a race. Player 1 now passes to player 2 who takes a first touch to a cone and attempts to dribble past the other cones without the defender getting them. The defender must touch middle cone first before chasing. Children to play mini matches of 5v5.
11. To develop the skills of attacking and defending	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Lead others when called upon and act as a good role model within a team. Choose and combine techniques in game situations (running, throwing, catching,	Warm up: children are divided into groups of 4 with one lane each with goal at the end, 1 defender



This concept involves learning a range of physical movements and sporting techniques.	 passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession. Field, defend and attack tactically by anticipating the direction of play. Choose the most appropriate tactics for a game. Uphold the spirit of fair play and respect in all competitive situations. Lead others when called upon and act as a good 	in each wearing a bib. Attackers dribble ball to take on the defender 1v1 in the lane and dribbles through cones to score either 1 for anywhere or 2 points through the goal. Progression: add GK in each lane as well. Children to play mini matches of 5v5.
	role model within a team.	