



Medium Term Unit Planning

Topic Name: Baseball	
Learning outcome: The children will understand the rules and components of baseball, acknowledging its similarities and differences with more familiar games such as rounders. They will develop their skills in a number of roles used within a game of baseball. These roles will help enhance core skills such as throwing, batting and fielding, allowing the children to apply the correct techniques effectively in a game situation.	
Hook: Watching videos of iconic baseball moments.	Topic Showcase (e.g. display, museum, performance, presentation): Baseball year group tournament.
Oracy: Developing sports commentary and feedback when performing.	Key Vocabulary: Baseball, second base, glove, pitcher, bat, pitch, run, catch, hit, throw, catcher, outfield, infield, outfielder, home run, single, double, triple, base.
Key Texts (whole class reading/end of the day book/Talk for Writing Texts etc.): Under review	
Citizenship/Community Opportunities (Focus – change in attitude/increase knowledge and awareness/make a difference): Increase in knowledge and awareness – acknowledge the significance of baseball to countries like America and it's history.	
Experiences/Visits/Visitors: Direct Sports coach	



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Main subjects covered:

PE

PE threshold concepts:

Develop practical skills in order to participate, compete and lead a healthy lifestyle

This concept involves learning a range of physical movements and sporting techniques.

Notes:

This scheme of work will be structured around baseball, developing the skills involved leading up to a game and will draw upon the children's knowledge of cricket and rounders.

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
1. To become familiar with the rules of baseball.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.). Work alone, or with team mates in order to gain points or possession.	The children will begin in the classroom discussing their knowledge of baseball to begin the unit and they will be introduced to some 'iconic', exciting moments via video. Warm up: there will be a ball between two. The players must throw and catch the ball with each other. Whilst doing this, there will be opportunities to: change distances, type



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		Uphold the spirit of fair play and respect in all competitive situations.	of throw – Overarm, under arm throws. The children will then be introduced to the rules of baseball. Coaching Points: Intro Rules of baseball - Positions, Pitcher, getting out and scoring a run. We will then set up as many baseball games as numbers allow. The children will play the baseball games, introducing match rules as they play. The rules they will focus on will relate to positions, getting the ball back to the bowler, how they get out and scoring runs.
2. To develop the correct throwing technique.	Develop practical skills in order to participate, compete and lead a healthy lifestyle	Choose and combine techniques in game situations (running, throwing, catching,	Warm up: players will have a ball between two, players to throw and catch the ball with each other. Whilst



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	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>passing, jumping and kicking, etc.).</p> <p>Field, defend and attack tactically by anticipating the direction of play</p>	<p>playing this, the children can change distances, type of throw – Overarm, under arm throws.</p> <p>The children will then be introduced to the correct throwing technique using a demonstration and time to practise. Coaching Points: Intro Rules of baseball: Body position towards target, communicate with team mate, judge power and direction</p> <p>The children will then play the 'Robin Hood Game' as an opportunity to practise and refine their throwing technique. As part of this game the children will be divided into 4 teams with Baseballs in the middle. 1 player on each team runs to the middle picks a ball</p>
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			<p>up and throws back to their team mates. Players continue going until all balls have gone.</p> <p>The children will then test their throwing technique in a baseball match. During the match, we will be emphasizing the importance of throwing from the outfield players and further consolidating the rules.</p>
3. To develop my fielding skills.	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Field, defend and attack tactically by anticipating the direction of play.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p>	<p>Warm up: Ball between two, players throw and catch the ball with each other. Players throw away from their teammates who run to collect and throw back. Can use the bat to hit away from a Teammate who runs and fields it back. The children will then be introduced to the role of a</p>



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		<p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>fielder and the most effective technique to use when fielding. Coaching Points: Intro Rules of Baseball: Body position towards target, communicate, hands ready, judge power and direction. Outfield Races: Using the Baseball s pitch, 1 team of outfielders must throw the ball around the posts to beat a running member of the other team who attempts to sprint around. First one to the 4th post wins. The children will then set up a game of baseball and will practise their fielding technique. Rules / decisions to focus on:</p> <ul style="list-style-type: none">• Getting the ball back to the pitcher
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			<ul style="list-style-type: none"> • Fielding to get them out • Recognizing the best place to field back to based on the runners
4. To focus on applying my fielding skills in a game of baseball.	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Field, defend and attack tactically by anticipating the direction of play.</p> <p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Choose the most appropriate tactics for a game.</p> <p>Work alone, or with team mates in order to gain points or possession.</p>	<p>Warm up: ball between two, players throws and catch the ball with each other. Players throw away from their teammates who run to collect and throw back. Can use the bat to hit away from a Teammate who runs and fields it back</p> <p>Recap outfield role and technique. Coaching Points: Intro Rules of Baseball: Body position towards target, communicate, hands ready, judge power and direction. The children will then partake in Outfield Races. Using the baseball</p>



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		<p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>pitch, 1 team of fielders must throw the ball around the posts to beat a running member of the other team who attempts to sprint around. First one to the 4th post wins. Progression 1: Ball can start with the pitcher to the catcher and then round. Progression 2: Continuous race how many runners can get around in x minutes vs how many times the outfielders can throw it around. The children will then set up a game of baseball and will practise their fielding technique. Rules / decisions to focus on:</p> <ul style="list-style-type: none">• Getting the ball back to the pitcher• Fielding to get them out
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			Recognizing the best place to field back to based on the runners.
5. To be introduced to the correct striking stance.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Strike a bowled or volleyed ball with accuracy. Use forehand and backhand when playing racket games.	Coaching Points: Eyes on Ball, Sideways stance, front foot forwards, watch and judge the ball. Warm Up: the children will be in groups of 3: 1 Batter, 1 Catcher, 1 Outfielder. Bowler throws to batter who softly hits it to the fielder. That outfielder then becomes the bowler and the batter now hits to the new outfielder. The children will rotate roles. The children will then play a batting game to allow them to practise their striking technique. Batting game x 6 – The children will get into groups of 5: 1 Batter, 2 Feeders and 2



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			<p>Outfielders. The batter stands in the square with the feeders next to them. Feeders take it in turns to bounce the ball in the square; the batter watches the ball and attempts to hit the ball through the gates (target) – points if they get it through.</p> <ul style="list-style-type: none">• Outfielders job is to collect the balls• Rotate and each have a different position <p>The children will then apply these skills in a game situation having 2 baseball matches. 2 Games of Baseball. The focus will be on encouraging the correct stance and coaching points from the lesson.</p>
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6. To use the most effective technique when batting.	Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.	Strike a bowled or volleyed ball with accuracy. Use forehand and backhand when playing racket games.	Warm up: ball between two, players throw and catch the ball with each other. The children will then begin a specific Batting Warm Up. They will be divided into groups of 5, 1 Batter, 1 Pitcher and 3 outfielders (Close Space). Catcher bowls to batter who tries to hit the ball to the fielders. Rotate Batters around, 1 point if hit to teammate. Teammate gets 1 point for catching – competition. The children will reflect on the batting technique which they used and will be introduced to the most effective technique using a demonstration. Coaching Points: Eyes on the ball, correct body stance, one
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			<p>hand on bat, judge ball as it approaches to swing. The children will then practise their technique during a game of quick baseball (this is very similar to quick cricket). The children will be attempting to score runs by hitting and running to the cone and back. Fielders get the ball back to the Bowler who bowls immediately regardless of where the batter is. Switch after either: Batter is bowled / caught or reaches 20 runs. The children will then apply this knowledge in a baseball match. The match will emphasise the batting techniques and will focus on:</p>
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			<ul style="list-style-type: none"> • Recognising the outfielder's positions as a Batter • Judging the ball to hit it • Recognising the best place to field back to based on the runners
7. To further develop my batting technique in a game situation for accuracy.	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Strike a bowled or volleyed ball with accuracy.</p> <p>Use forehand and backhand when playing racket games.</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Warm up: dynamic stretches and movements. Recap correct batting technique - Coaching Points: Eyes on the ball, correct body stance, one hand on bat, judge ball as it approaches to swing, step into swing. The lesson will then be divided into 2 parts. Part 1: In pairs, the children will stand opposite each other and one handed throw the ball from forehand to forehand. Progress to bounce throw</p>



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			<p>and regular. Part 2 will consist of batting Rotations. The children will be divided into teams of 4, each team will have 4 Batters, 4 Bowlers and 4 catchers. Bowlers bowl to the batters who attempt to softly hit the ball back, batters then rotate around to the next post and repeat. The children will then have ago at applying this is a baseball match. They will be focusing on:</p> <ul style="list-style-type: none">• Recognising the outfielder's positions as a Batter• Judging the ball to hit it• Recognising the best place to field back to based on the runners.
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<p>8. To apply my knowledge of baseball and the skills required in a competitive match.</p>	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</p> <p>Work alone, or with team mates in order to gain points or possession.</p> <p>Field, defend and attack tactically by anticipating the direction of play.</p> <p>Choose the most appropriate tactics for a game.</p> <p>Uphold the spirit of fair play and respect in all competitive situations.</p>	<p>Ball between two, players throw and catch the ball with each other</p> <p>Baseball matches: we will set up as many baseball games as numbers allow. Full rules introduced now. Play a rotation of teams so everyone gets to play each other if possible.</p>
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