



Medium Term Unit Planning

Topic Name: PSHE (Term 1) Relationships

Learning outcome:

By the end of this PSHE scheme the children will have a developed and good understanding of how to form healthy and stable relationships with those around them. They will also know how to live a healthy life focussing on their mental and physical well-being.

Hook: Teachers stage an argument.

Topic Showcase (e.g. display, museum, performance, presentation)

Oracy: Each PSHE lesson gives the opportunity to speak and voice their own views and personal experiences

Key Vocabulary: Friendship, Relationships, family, life style, healthy, well being

Key Texts (whole class reading/end of the day book/Talk for Writing Texts etc.):

Be Kind
Being Ted
Life is like a River
You are brilliant



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Citizenship/Community Opportunities:

(Focus – change in attitude/increase knowledge and awareness/make a difference)

The children will have a greater understanding of their place in the world and how best to help and support others as well as be supported themselves.

Experiences/Visits/Visitors

Main Subjects covered: PSHE

Subject 1 Threshold concepts

PSHE

Try new things

This concept involves appreciating the range of life opportunities.

Work hard

This concept involves understanding the importance of effort.

Concentrate

This concept involves understanding how to become focused.

Push oneself

This concept involves understanding how to overcome doubts and insecurities.

Imagine

This concept involves understanding how to apply knowledge inventively.

Improve



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This concept involves an appreciation that small improvements make big differences.

Understand others

This concept involves an appreciation of others.

Not give up

This concept involves the understanding of the importance of persistence.

Notes:

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
1. Families and friendships	<p>Try new things This concept involves appreciating the range of life opportunities.</p> <p>Work hard This concept involves understanding the importance of effort.</p> <p>Concentrate This concept involves understanding how to become focused.</p> <p>Push oneself This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none">What makes a family; features of family life	<p>To recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents</p> <ul style="list-style-type: none">that being part of a family provides support, stability and loveabout the positive aspects of being part of a family, such as spending time together and caring for each otherabout the different ways that people can care for each other e.g. giving



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<p>2. Families and friendships</p>	<p>Try new things</p> <p>This concept involves appreciating the range of life opportunities.</p> <p>Work hard</p> <p>This concept involves understanding the importance of effort.</p> <p>Concentrate</p> <p>This concept involves understanding how to become focused.</p> <p>Push oneself</p> <p>This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none"> What makes a family; features of family life 	<ul style="list-style-type: none"> To identify if/when something in a family might make someone upset or worried what to do and whom to tell if family relationships are making them feel unhappy or unsafe



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3. Safe relationships	<p>Try new things</p> <p>This concept involves appreciating the range of life opportunities.</p> <p>Work hard</p> <p>This concept involves understanding the importance of effort.</p> <p>Concentrate</p> <p>This concept involves understanding how to become focused.</p> <p>Push oneself</p> <p>This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none"> Personal boundaries; safely responding to others; the impact of hurtful behaviour 	<p>What is appropriate to share with friends, classmates, family and wider social groups including online</p> <ul style="list-style-type: none"> about what privacy and personal boundaries are, including online basic strategies to help keep themselves safe online e.g. passwords, using trusted sites and adult supervision



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4. Safe relationships	<p>Try new things This concept involves appreciating the range of life opportunities.</p> <p>Work hard This concept involves understanding the importance of effort.</p> <p>Concentrate This concept involves understanding how to become focused.</p> <p>Push oneself This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none"> Personal boundaries; safely responding to others; the impact of hurtful behaviour 	<p>That bullying and hurtful behaviour is unacceptable in any situation</p> <ul style="list-style-type: none"> about the effects and consequences of bullying for the people involved about bullying online, and the similarities and differences to face-to-face bullying what to do and whom to tell if they see or experience bullying or hurtful behaviour



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<p>5. Respecting ourselves and others</p>	<p>Try new things</p> <p>This concept involves appreciating the range of life opportunities.</p> <p>Work hard</p> <p>This concept involves understanding the importance of effort.</p> <p>Concentrate</p> <p>This concept involves understanding how to become focused.</p> <p>Push oneself</p> <p>This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none"> Recognising respectful behaviour; the importance of self-respect; courtesy and being polite. 	<p>To recognise respectful behaviours e.g. helping or including others, being responsible</p> <ul style="list-style-type: none"> how to model respectful behaviour in different situations e.g. at home, at school, online



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<p>6. Respecting ourselves and others</p>	<p>Try new things This concept involves appreciating the range of life opportunities.</p> <p>Work hard This concept involves understanding the importance of effort.</p> <p>Concentrate This concept involves understanding how to become focused.</p> <p>Push oneself This concept involves understanding how to overcome doubts and insecurities.</p> <p>Imagine</p>	<ul style="list-style-type: none"> Recognising respectful behaviour; the importance of self-respect; courtesy and being polite. 	<p>The importance of self-respect and their right to be treated respectfully by others</p> <ul style="list-style-type: none"> what it means to treat others, and be treated, politely the ways in which people show respect and courtesy in different cultures and in wider society



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