## Topic name – Target

**Learning outcome:** To ensure that our students experience a wide breadth of study and have, by the end of each key stage, long-term memory of an ambitious body of fundamental movement knowledge and the semantic knowledge of tactics and strategy, leadership, personal and social and vocabulary.

## Oracy

• Developing sports commentary and feedback when performing.

Key Vocabulary: Targets, opponents, aiming and cost-benefit

**Experiences/Visits/Visitors (Inspiration)** 

Children were exposed to elite athletes in this particular field, highlighting what key characteristics and abilities they have to perform their sport at the highest level.

## Subjects covered:

PE

## PE threshold concepts

Develop practical skills in order to participate, compete and lead a healthy lifestyle.

This scheme of work will be structured all around target practice by using variations of golf and bowls.

Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure
1. Target: Throw golf	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	This activity shows that children can:  Strike a ball with control. Lead other and act as a respectful team member. Follow the rules of the game and play fairly. Lead others and act as a respectful team member.	This game is played exactly like golf, but beanbags are used and it involves throwing instead of striking. Targets (hoops) are set up around the space. Nine targets would mirror the nine holes in golf. Obstacles can be used to make the game

2. Target: Corner Bowls	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	This activity shows that children can:  Strike a ball with control. Lead others and act as a respectful team member. Follow the rules of the game and play fairly. Lead others and act as a respectful team member. Choose appropriate tactics to cause problems for the opposition.	more interesting (in the style of crazy golf). Play starts from a tee (a cone or marker). Players aim to get their beanbag into the target in as few throws as possible.  • The aim of this game is to get balls as close to the target ball as possible. A large square is marked out with four cones. The game is played 2v2 with teammates standing at the corners diagonally opposite. Each team has four balls of the same colour (two each). Taking it in turns, players bowl to get closest to the target. At the end of the game, the four closest balls score: 4 points for the closest, then 3, 2 and 1. Scores are recorded. Four rounds are played with each player having a turn at
3. Target:	Develop practical skills in order to	This activity shows that children	going first.  • For this game, teams of
Bombardment	participate, compete and lead a healthy lifestyle.	<ul> <li>Strike a ball with control.</li> <li>Lead others and act as a respectful team member.</li> <li>Follow the rules of the game and play fairly.</li> <li>Lead others and act as a respectful team member.</li> <li>Choose appropriate tactics to cause</li> </ul>	between four and six work in parallel. Pitches are set up with a start line, and a goal line at the opposite end of the pitch. A target ball is placed in the middle of the pitch. The idea of the game is to throw small balls at the large ball to push it over the end line to score a point.

problems for the opposition.	direction, standing behind the start line. Play goes on for 2 minutes. Leaders may shout 'Stop' during the game to allow players to retrieve the balls. (The game can be adapted to underarm throwing, rolling or kicking.)
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