

Topic name – Net and Wall			
Learning outcome: To ensure that our students experience a wide breadth of study and have, by the end of each key stage, long-term memory of an ambitious body of fundamental movement knowledge and the semantic knowledge of tactics and strategy, leadership, personal and social and vocabulary.			
Oracy <ul style="list-style-type: none">Developing sports commentary and feedback when performing.		Key Vocabulary: Koosh, rally, returned, ready position, aim, cooperatively, opponents, set, dig, spike and teammates.	
Experiences/Visits/Visitors (Inspiration) Children were exposed to elite athletes in this particular field, highlighting what key characteristics and abilities they have to perform their sport at the highest level.			
Subjects covered: PE			
PE threshold concepts Develop practical skills in order to participate, compete and lead a healthy lifestyle.			
This scheme of work will be structured all around net and wall and variations of tennis and volleyball.			
Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure
1. Net and wall: Pick up the trash	Develop practical skills in order to participate, compete and lead a healthy lifestyle.	This activity shows that children can: <ul style="list-style-type: none">Throw with control and accuracy.Follow the rules of the game and play fairly.Act as a respectful team member.	<ul style="list-style-type: none">For this game, two teams of five or six play on either side of a tall net (or a line of chairs). Pieces of equipment, which will not roll (e.g. beanbags or kooshes) are spread around the spaces on each side of the net. On the command

		<ul style="list-style-type: none"> Choose appropriate tactics to cause problems for the opposition. 	<p>'Tidy up!' players have to throw all of the trash from their garden over the net into their opponents' garden. Time is up after 1 minute. Those with the least trash in their garden win the game. Only one piece of trash can be thrown at a time.</p>
2. Net and wall: Keep it going	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p>	<p>This activity shows that children can:</p> <ul style="list-style-type: none"> Strike a ball with control. Choose appropriate tactics to cause problems for opposition. Follow the rules of the game and play fairly. Act as a respectful team member. 	<ul style="list-style-type: none"> This game is for players to maintain a rally across a net. (This can be a bench or line of cones if a net is not available.) The players use tennis rackets. The ball has to bounce first before it is returned. If the players are struggling with the racket, they could strike with their hands initially. Play is started with a serve.
3. Net and wall: 3v3 volleyball	<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle.</p>	<p>This activity shows that children can:</p> <ul style="list-style-type: none"> Choose appropriate tactics to cause problems for opposition. Follow the rules of the game and play fairly. Act as a respectful team member. Pass to team mates at appropriate times. 	<ul style="list-style-type: none"> For this game, the teams are separated by a high net, or a line of chairs. The teams are set up in a triangle shape, with one player near the net at the front, and the other two at the back of the court. The ball is a beach ball or a light volleyball. The player on the right at the back starts play by throwing the ball over the net. The idea of the game is to score a point by getting the ball to bounce in the opponents' court. Points are also scored

			<p>if a team has two touches of the ball on their side before they hit the ball over the net. The team that scores the point gets the next serve. When a point is scored, the teams rotate positions in a clockwise manner to ensure everyone gets a turn to serve. To begin with, only sets are allowed; later digs and spikes are also used.</p>
--	--	--	--