



Medium Term Unit Planning

Topic Name: - P.E (Basketball)

Learning outcome:

The children will increase their understanding of fundamental movement knowledge. They will build up to a small game of basketball after learning the individual skills involved.

Oracy: Develop ways of communicating with team members.
Talk about skills and tactics.

Key Vocabulary:

Bounce, over arm, under arm, pass, shoot, tackle, dodge, communicate, tactics, dribble, chest.

Experiences/Visits/Visitors

Skills within the scheme will be taught throughout lessons taught by Direct Sports Coach.

Main Subjects covered:

P.E

P.E Threshold concepts

*Develop practical skills in order to participate, compete and lead a healthy lifestyle
This concept involves learning a range of physical movements and sporting techniques.*

Notes:

This scheme of work will build up on the skills needed to play basketball.



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Lesson title and learning Intention	Threshold concepts (success criteria)	Milestones (success criteria)	Lesson structure/differentiation
<p>1. I can roll a ball in the correct direction.</p>	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Use rolling, hitting, running, jumping, catching and kicking skills in combination.</p> <p>Develop tactics.</p> <p>Lead others when appropriate.</p>	<p>Three to score Set up three targets for each group of three:</p> <ol style="list-style-type: none"> 1. gate of two cones that the ball has to go through 2. a skittle to be knocked over 3. a piece of taped down newspaper which the ball has to stop on. <p>Play the game changing the order in which the targets have to be hit each time. Design some targets of your own to make the game more challenging.</p>
<p>2. I can accurately throw underarm.</p>	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Use rolling, hitting, running, jumping, catching and kicking skills in combination.</p> <p>Develop tactics.</p> <p>Lead others when appropriate.</p>	<p>In the Zone Set up five zones approximately 1 metre apart. Players have to throw a ball underarm into each of the five zones. More points are scored for zones that are further away.</p> <p>Throw and Run Make a circle of six or seven players. One player starts with the ball and throws it to another player in the circle (not an adjacent player). They then run to</p>



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			take the place of the player they threw it to, who in turn throws and runs.
3. I can accurately throw over arm.	This concept involves learning a range of physical movements and sporting techniques.	Develop tactics. Lead others when appropriate.	Bounce it in Mark out a large court and divide it into thirds with cones. Work in two teams of four, each team standing in an end third, leaving the centre third free. The aim is to throw the ball hard, so that it bounces into the centre third and over the back line of the opponents' third. The opponents try to intercept the ball and bounce it back.
4. I can practise different types of passing in basketball.	This concept involves learning a range of physical movements and sporting techniques.	Develop tactics. Lead others when appropriate.	Demonstrate catching in a variety of ways, using the movement adaptations of force, space and relationships. Use lots of different types of balls. Work in pairs. The teacher calls out different types of throws, e.g. underarm, overarm, bounce, chest. Try to catch the different types of throw.
5. I can dribble with a ball.	This concept involves learning a range of physical movements and sporting techniques.	Develop tactics. Lead others when appropriate.	Demonstrate dribbling in a variety of ways, using the movement adaptations of force, space and relationships. Players should use both hands.



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			<p>Dribble relay Work in groups of four. Set up a line of cones or other obstacles. Players dribble a ball around the cones. At the end of the line, they turn around, speed up and dribble the ball halfway back before passing it to a partner who repeats the activity. Players should use both hands.</p>
<p>6. I can use the basketball skills learnt so far.</p>	<p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Use rolling, hitting, running, jumping, catching and kicking skills in combination.</p> <p>Develop tactics.</p> <p>Lead others when appropriate.</p>	<p>Small game. Give time to practise the skills learnt so far. Set out some small courts, with hoops either side of each court. The aim of the game is to dribble, pass and bounce in the hoop to score a point.</p>