



Personal, Social and Health Education and Citizenship Policy

Rationale

Personal, social and health education and citizenship help to give pupils the knowledge, skills and understanding they need to live confident, healthy, independent lives and to become informed, active, responsible citizens. At Bewdley Primary we feel that it is our responsibility to promote the personal and social development of all our pupils in a systematic way. We will do this through the teaching of PSHE.

Aims

- To be aware of their own identity and identity of others.
- To develop healthy relationships
- To have a healthy and balanced lifestyle
- To understand and manage risks
- To appreciate diversity and equality

Objectives

- To provide opportunities for children to develop confidence and responsibilities enabling them to make the most of their abilities.
- To prepare children to play an active role as citizens in a democratic society.
- To help children develop healthy and safe lifestyles and understand how to help keep others safe and make decisions when faced with choices.
- To aid the development of good relationships and teach children to respect the differences between people.
- To ensure staff are provided with training on up to date initiatives in school

Personal and Social Education is taking place all the time in school. It is reflected in the ethos of the school, the nature of relationships with, and between staff, the displays in school and the outside environment of the school. The staff also teach PSHE in class, groups and support groups when necessary. It is taught in the following ways:

- In the classroom as a discrete subject
- In the classroom as part of the broader curriculum
- In assemblies
- On school visits and residentials
- By visitors to school
- Through the Trauma Informed School Approach
- P4C

Teaching and Learning

Class teachers are responsible for the teaching of PSHE throughout the school using discrete lessons and other curriculum links. In the Foundation stage our early learning goals involve the children learning about keeping safe and secure developing an understanding of what is right and wrong and why as well as beginning to consider the consequences of their own actions. They also begin to recognise the importance of keeping healthy and those things that can contribute to this.

In planning the curriculum, teachers at Bewdley Primary provide:

- a classroom climate that encourages a high level of interest for all children
- opportunities for personal growth outside the classroom through responsibility, extra-curricular activities and educational visits
- Opportunities for personal, social, health and citizenship development through individual and group work, discussion and role-play
- involvement in a range of problem solving activities
- preparation and presentation of tasks for different audiences
- positive self-assessment
- positive marking, with oral or written comments
- active participation in the community served by the school

Teaching and Learning across the Curriculum

PSHE can be taught across the curriculum through a variety of subjects. The following curricular links show where some of the PSHE objectives can be taught, however effective provision of PSHE needs to include discrete teaching in order to ensure full coverage of the Framework at key stages 1 and 2.

- Literacy – skills in enquiry and communication, the use of stories illustrating aspects of PSHE.
- Numeracy – aspects of financial capability, counting and sharing.
- Science – drugs (including medicines), sex, health, safety and the environment.
- Religious Education – religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.
- Physical Education – teaching and learning about health and safety, development of personal and social skills through team and individual activities, promotion of healthy lifestyles and the importance of exercise.
- Geography – topical issues concerning the environment, study of own locality and the wider world, including less economically developed countries.
- History – looking at reasons behind historical events, changes and diversity within society, significant people, events, ideas and experiences of people from the past.
- ICT – communicating with others.
- Design and Technology – health and safety, healthy eating, use of technology, realizing the needs of people through designs.
- Art and Design – reflecting on and responding to ideas and experiences communicated through works of art, craft and design from different times and cultures.
- Music – making the most of abilities in playing and singing, cultural diversity, expression.

Equality of Opportunity

PSHE includes the study of culture, ethnic diversity, physical differences and difference of experience. Through such study children can acquire understanding of and respect for other people and their values. Pupils should learn that the questioning of assumptions, the rebuttal of stereotyping and an openness to change are valuable qualities. The nature of PSHCE lends itself to study by children with a range of different abilities. Children can work on the same content at different rates and levels. Staff also follow the whole school equal opportunities policy, ensuring every child in school is offered rich and balanced opportunities.

Parents and the Local Community

At Bewdley Primary we aim for PSHE to complement the personal and social development of children provided in the home and the local community. A high priority is working with parents and is a vital part of the whole school approach. Parents are encouraged to become involved in the life of the school. We encourage parent helpers in school and value parents' involvement. Parents are kept fully informed of the school's policy for sex and relationships education and we aim to keep parents and guardians involved in school life.

Bewdley Primary values the contributions of the community and outside agencies to the personal, social and health development and citizenship of its children through active involvement in the life and philosophy of the school.

Bewdley Primary invites a wide range of representatives to talk to the children, including the School Nurse, civic leaders, local businesses, Police, Fire Service, drug agencies, local religious and community based figures.