

# Newsletter

## 15<sup>th</sup> May 2020

[www.bewdleyprimary.co.uk](http://www.bewdleyprimary.co.uk)



As you are all aware now we have been advised by the government that we should be opening the school on 1st June 2020 for Nursery, Reception, Year 1 and Year 6. Thank you to all the parents/carers in those year groups who have responded to let us know what your intentions are about your child's return to school. If you haven't already done so, please let us know so that we can make the best plans possible. I appreciate that this is a difficult decision to make and there has been much conflicting information with regards to the 'safety' of a return to school. It does seem to appear that the safety measures being advised and implemented by other workplaces do not apply to schools. At the moment, we are being pulled in differing directions by unions and the government which makes decision making and subsequent planning very challenging. We are making plans to ensure we are compliant with government guidelines, however, it may still be that schools do not open on 1st of June in the way that that the government has requested.

I know that you will all have your own opinion about children returning to school and many of you are in a dilemma about whether you believe it is right or not. We know that we cannot 100% guarantee that your child (or any member of staff) will not contract Covid-19 at school. And, of course, who knows when, if ever, this will be the case! What we can and will do is stick to the guidelines and act in the best interests of the children and staff. The group sizes (or bubbles) look relatively small (i.e. less than 15 and around 10) at the moment and we are able to keep adult contact to a limited number. We have ordered plenty of supplies of anti-bac, handwash, disinfectant wipes etc. Every single member of staff is fully on board to do the very best that they can for the pupils at Bewdley Primary School. Please try to make your decision about whether your child comes back to school on whether you feel the government guidelines provide enough of a risk reduction for you to feel your child is safe to return to learning at school. If you feel that they are safe enough to come to school you should send them, if not, don't send them.

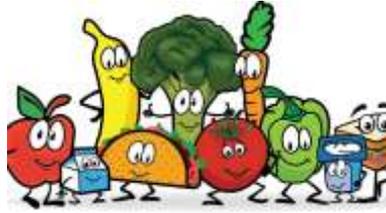
In opening for children in N, R, 1 and 6, we are sorry we cannot continue with home learning to the same extent as we have done but we will do our very best to ensure that we are doing something suitable to support our home learners.

Of course, we would absolutely love to open the school for everyone and get back to 'normal' when it is as safe as possible to do so.

We will let you know of updates, arrangements and risk assessments next week as soon as we can finalise them.

Thank you for your continued support.

Stay safe and well



### Free School Meal Entitlement

Some of you may find yourself in a different position at the moment. You may be entitled to free school meals but think it is not worth it because it may only be for a couple of weeks or it is something you have never done and you do not want your child 'labelled' in some way. However, it is absolutely worth it!

For now you will receive £15 of supermarket vouchers but it also means that your child (for the next 6 years even if your circumstances change again) generates further substantial income to the school. We can then use this funding to provide additional support/resources, when the children return to school, to fill any gaps that may have arisen due to the current issues.

No one else will know that you have made this claim. Please help us to help your child and make an application if you think you may be entitled to this.

If you are not entitled to Free School Meals but are struggling financially – give us a call at school as we are receiving food donations and are happy to distribute these where there is need.

M&S  
EST. 1884



Don't forget to start thinking ahead to September.

All school uniform and book bags are still available via the M&S your school uniform website.

Please follow the link;

<https://www.mandsyourschooluniform.com/>

and click on the tab, **uniform by school**, then click on **Staffordshire and Worcestershire**, then click on the BPS logo.

## Spelling Shed Results

Well done to all of those children who have been on Spelling Shed this week.

**Winning Class – Blyton**

**Winning Year – Year 4**

**Winning House – Severn**



### Top Five Spellers

**1st – Daniel from Blyton (4rd week running)**

**2nd – Tommy from Morpurgo**

**3rd – Luke from Donaldson**

**4th – Archie from Wilson**

**5th – Lacie from Wilson**

**Can anybody knock Daniel off the top spot?**

## Accelerated Reader Results

It has been lovely to see lots of children quizzing on their books at home. If you have not received the document that explains how to do this, please contact your child's class teacher.

**1st – Wyre**

**2nd – Hawkbatch**

**3rd – Severn**

**4th – Blackstone**

**Wyre have now topped the table for 4 weeks running. Can any other house beat them?**

### AR Classes of the Week

**Wilson and Morpurgo** are topping the standings this week with 100% success rate. Well done to the children who have taken quizzes this week and been successful!

### AR Millionaires

Well done to **Gio B, Sam W, Maya W and Jack D** for being the latest recruits to the Millionaire's Club for reading more than a million words since September!

Also, a special mention to **Persephone E** who is now over three million words since September, and **Feronia E and Louis K** who are both now over two million words since September.



<p><b><u>Inkpen</u></b>  <b>Max S</b> for taking more of an active approach to his word building. Also, for still doing it his way, by making the sentences fun. Well done!  <b>Amelie G</b> for her enthusiasm for learning in general. especially for her reading. Well done Amelie!</p>	<p><b><u>Wilson</u></b>  <b>Georgina</b> for an excellent attitude towards our challenging fraction topic and her home learning.  <b>Lacie</b> for an excellent attitude towards her home learning, in particular for her efforts in improving her spellings and climbing to the top of the Wilson class table.</p>
<p><b><u>Dodd</u></b>  <b>Ted C</b> for working incredibly hard this week in his phonics lessons and on his writing, superstar.  <b>Lucy S</b> for continuing to make her writing at home exciting and small. Great work Lucy.</p>	<p><b><u>Morpurgo</u></b>  <b>Charlie W</b> for continuing to work hard in school and doing it with a smile on his face.  <b>Mal</b> for completing a wide range of work that shows off all his skills.</p>
<p><b><u>Donaldson</u></b>  <b>Lizzie</b> for not just working hard on her own activities but her older sister's too!  <b>Finn</b> for continued enthusiasm for all of his work every week.</p>	<p><b><u>Blyton</u></b>  <b>Amber J</b> for working through her work and completing extra bits in spite of missing school so much.  <b>Sophia G</b> for completing such a fabulous standard of work and being creative with her ideas. In particular her zoom body percussion performance with Naomi.</p>
<p><b><u>Butterworth</u></b>  <b>Tess G</b> for all of her fantastic pieces of writing during our 'All about me' week!  <b>Madeleine T</b> for embracing learning at home and creating a lovely poster, all about her!</p>	<p><b><u>Rowling</u></b>  Brandon L for his detailed sketch of a castle and his pencil crayon stained-glass window.  Evie L for creating a wonderful stained glass image and a felt Tudor Rose.</p>
<p><b><u>Milne</u></b>  <b>Sid M</b> for being a super star this week and getting really stuck in with the activities that were set! Fantastic work!  <b>Louie B</b> for showing such a positive attitude towards your home learning this week! Keep it up!</p>	<p><b><u>Lewis</u></b>  <b>Ronnie F</b> for his amazing Tudor stained glass window and generally working so hard throughout Lockdown!  <b>Ollie G</b> for both his wonderful baking (which always looks delicious) and his constant desire to challenge himself.</p>
<p><b><u>Bond</u></b>  <b>Freddie W</b> for brilliant work this week and absolutely fantastic fractions! Great Job!  <b>Max D</b> for excellent numeracy work and amazing quizzing! You have done so well!</p>	<p><b><u>Blackman</u></b>  <b>Jesse</b> for working incredibly hard with all areas of home learning and presenting his work beautifully.  <b>Jack</b> for his enthusiastic approach to our 'stocks and shares' maths week this week.</p>
<p><b><u>Dahl</u></b>  <b>Ted</b> for persevering even when he was not in the mood. He has been doing some tremendous work - You should be proud of yourself Ted!  <b>Tilly</b> for her fantastic attitude to learning throughout the whole year. She has completed all the tasks she has tackled with interest and a smile- Tremendous Tilly!</p>	<p><b><u>Walliams</u></b>  <b>Austin P</b> for making the most of his home learning opportunities with inventive projects and learning practical skills!  <b>Jacob H</b> for his incredible week of reading and AR quizzing!</p>

## Proposal to Change the Age Range of Bewdley Primary School

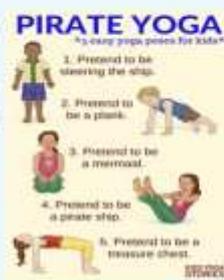
A proposal has been made by Worcestershire County Council to amend the age range of Bewdley Primary School from 3-11 to 2-11 from September 2020. Full information on this proposal is available at [www.worcestershire.gov.uk/schoolconsultations](http://www.worcestershire.gov.uk/schoolconsultations) [www.worcestershire.gov.uk/schoolconsultations](http://www.worcestershire.gov.uk/schoolconsultations)

A four week representation period is required following such a proposal. The formal representation period will run from Thursday 23rd April 2020 to **noon on Thursday 21st May 2020**.

Anyone wishing to comment must do so in writing by the closing date of the representation period. Details on how to comment are available at the above link.

Every effort has been made to ensure all relevant parties and individuals are notified of this proposal. If you feel that this would be of interest to others, please do not hesitate to forward this message.

## Keeping Active Nursery

Challenge 1 – Multi -skills 	Challenge 2 – Fitness 	Challenge 3 – Mindfulness 	Challenge 4 – Dance 
<p><b>Let's Bounce!</b> You will need a safe space, five small items (beanbag or socks rolled up) and a timer.</p> <ul style="list-style-type: none"> <li>Place the 5 small items on the floor in a straight line keeping them around half an adult stride apart.</li> <li>Starting at one end on "Go" jump from the first item to the next to the next until you get to item 5. Then run back to the start and repeat again.</li> <li>How many jump can you do in 30 seconds? You get 1 point for every bounce!</li> </ul> <p><b>Easier way:</b> Bring the items closer together <b>Harder way:</b> Take the items further apart Can you think of other ways other than jumping that you can travel?</p>	<p><b>Shuttle run</b> You will need a safe space, 2 small items (tins, socks, pegs, etc.) and a timer</p> <ul style="list-style-type: none"> <li>Place your 2 items approximately 4 metres (4 adult strides) apart</li> <li>Get an adult to time you – when they say 'go' run back and forth between each marker. How long does it take you to do this 10 times (10 x 4 metres)?</li> <li>Every cone/marker must be touched with one hand.</li> </ul> <p><b>Easier way:</b> Reduce the distance, repetitions or change the way you travel <b>Harder way:</b> Touch each cone with a different body part.</p>	<p><b>Pirate Yoga</b> Hold each pose for 5 seconds. Breathe in slowly and exhale slowly. Stay as still as you can. Try and move from one pose to the next, as smoothly as you can.</p> 	<p><b>Cha Cha Slide</b></p> <ul style="list-style-type: none"> <li>Use YouTube – or Google 'Cha Cha Slide Official Video'</li> <li>Listen to the song and follow the actions! Practice it a few times and then see if you can do it without the video.</li> <li>Try and add in your own moves! Show someone your dance and ask them to join in!</li> </ul> <p><b>Easier way:</b> Just do the main chorus. <b>Harder way:</b> Add in some jumps and travel. Use your arms in every action.</p>
<p><b>Up you get</b></p> <ul style="list-style-type: none"> <li>The aim is to see how many times you can get up from the floor and do a star jump.</li> <li>Start sitting on the floor. On "go" get up onto your feet and do a big star jump. Sit back down again and repeat. How many can you do in 20 seconds?</li> <li>Have a rest and try again.</li> </ul> <p><b>Easier way:</b> Use the sofa to sit on <b>Harder way:</b> See how many you can do in 30 seconds?</p>	<p><b>Touchy feely</b></p> <ul style="list-style-type: none"> <li>You will need a bag and objects from around the house/garden</li> <li>Children must feel the bag and try to work out what each object is.</li> <li>Several objects together can create a theme which children must guess</li> <li>Could children identify objects through their smell/taste?</li> </ul> <p><b>Easier way:</b> Larger, more familiar objects and clues <b>Harder way:</b> Smaller objects</p>	<p><b>Beautiful balance</b></p> <ul style="list-style-type: none"> <li>Make your own balances, using different body parts.</li> <li>Remember to hold each balance for 3 seconds. Keep as still and stretched as you can.</li> <li>Try using your hands, feet, knees, elbow, back and tummy.</li> <li>Can you move from one balance into the next without wobbling?</li> </ul> <p><b>Easier way:</b> Use bigger body parts, like your back and tummy. <b>Harder way:</b> Use small body parts – hold your balances for longer (5 seconds).</p>	<p><b>Week 5 Physical Activity Challenges: Pre-schoolers</b></p> 

# Reception and KS1

Challenge 1 – Multi -skills 	Challenge 2 – Fitness 	Challenge 3 – Mindfulness 	Challenge 4 – Dance 
<p><b>Compass Run</b> You will need a safe space, five small items (beanbag or socks rolled up) and a timer.</p> <ul style="list-style-type: none"> <li>Place the four small items in the shape of a compass N,E,S,W and the remaining item in the middle.</li> <li>Start in the middle and on 'Go' run in order, to collect each item and place it on the floor in the middle. Then return them back to their original place.</li> <li>How long does it take you? If you have a bigger space, make your compass bigger. Repeat it two or even three times.</li> </ul> <p><b>Easier way:</b> Make the compass (running area) smaller. <b>Harder way:</b> Make the compass area bigger</p>	<p><b>Jump to it</b> You will need Dice (or someone to call out numbers 1 to 6)</p> <ul style="list-style-type: none"> <li>Roll the dice and perform the matching jump. Keep jumping while the dice is rolled again – this way you keep active!</li> </ul> <p><b>Jump 1:</b> Two footed jump on the spot (take off on two feet and land on two feet) <b>Jump 2:</b> Take off on one foot and land on the same foot = HOP <b>Jump 3:</b> Take off on one foot and land on the other = LEAP <b>Jump 4:</b> Jump in a circle <b>Jump 5:</b> Touch the sky! Jump as high as you can. <b>Jump 6:</b> Touch the floor and jump in the air.</p>	<p><b>Pirate Yoga</b> Hold each pose for 6 – 10 seconds. Breathe in slowly and exhale slowly. Stay as still as you can. Try and move from one pose to the next, as smoothly as you can.</p> <p><b>PIRATE YOGA</b> "A easy yoga poses for kids"</p> 	<p><b>Cha Cha Slide</b></p> <ul style="list-style-type: none"> <li>Use YouTube – or Google 'Cha Cha Slide Official Video'</li> <li>Listen to the song and follow the actions! Practice it a few times and then see if you can do it without the video.</li> <li>Try and add in your own moves! Show someone your dance and ask them to join in!</li> </ul> <p><b>Easier way:</b> Just do the main chorus. <b>Harder way:</b> Add in some jumps and travel. Use your arms in every action.</p>
Challenge 5 – Personal Best 	Challenge 6 – Problem solving 	Challenge 7 – Gymnastics 	<p><b>Week 5 Physical Activity Challenges: 4 – 7 year olds</b></p> 
<p><b>Up you get</b></p> <ul style="list-style-type: none"> <li>The aim is to see how many times you can get up from the floor and do a star jump.</li> <li>Start sitting on the floor. On 'go' get up onto your feet and do a big star jump. Sit back down again and repeat. How many can you do?</li> <li>Have a rest and try again.</li> </ul> <p><b>Easier way:</b> Use the sofa to sit on <b>Harder way:</b> See how many you can do in one minute!</p>	<p><b>Name game</b> You will need Small objects from your house or garden and a timer.</p> <ul style="list-style-type: none"> <li>The aim of the game is to find small objects in your house or garden that match the letters in your name. Choose a starting position, perhaps in the middle of your garden and see how many matching objects you can find.</li> <li>Bring the objects back to the starting point and count them. See how long it takes you to go and put them all back!</li> <li>You can also use other words for example: F = fruit L = loo roll O = orange W = wooden spoon E = Easter egg R = raisin, S = small stone</li> </ul>	<p><b>Alphabet shapes</b></p> <ul style="list-style-type: none"> <li>Choose a letter of the alphabet and make the shape of something beginning with that letter. For example B = butterfly.</li> <li>Hold the shape still and see if your partner can guess your shape.</li> <li>Be strong, still and balanced.</li> <li>You could work with a partner to make a shape.</li> </ul> <p><b>Easier way:</b> Ask a grown up to call out letters that have easier objects to make. T = tree <b>Harder way:</b> Choose two letters and link your actions together.</p>	

# KS2

Challenge 1 – Multi -skills 	Challenge 2 – Fitness 	Challenge 3 – Mindfulness 	Challenge 4 – Dance 
<p><b>Compass challenge</b> You will need a safe space, nine small items (beanbag or socks rolled up) and a timer.</p> <ul style="list-style-type: none"> <li>Place the 8 small items in the shape of a compass and the remaining item in the middle.</li> <li>Start in the middle and on 'Go' run in order to collect each item. Place it back in the middle. Then return them back to their original place. How long does it take you? If you have a bigger space, make your compass bigger. Repeat it lots of times.</li> </ul> 	<p><b>Combat circuit</b></p> <ul style="list-style-type: none"> <li>Complete these activities. Try and do them one after the other before having a rest.</li> <li>Commando crawl forwards for 5 seconds and backwards for 5 seconds (repeat)</li> <li>Climb the ladder (20 seconds) Star Jumps (20 seconds)</li> <li>Squat and jump (20 seconds)</li> <li>Leg kicks (alternate for 20 seconds)</li> <li>Fast feet (20 seconds)</li> </ul> <p><b>Work hard and repeat!</b> <b>Easier way:</b> Complete each exercise once for 15 seconds. Rest then repeat. <b>Harder way:</b> Complete each exercise for 30 seconds and perform the circuit twice before resting.</p>	<p><b>Summer senses safari</b></p> <ul style="list-style-type: none"> <li>Use some of your senses to help you relax your mind and body.</li> <li>Sit or stand in a relaxed position in your chosen space. Breathe deeply five times and feel your muscles relax.</li> <li>Listen – what can you hear? If you can hear lots of sounds, choose your favourite one and focus on that. Be still and quiet. Listen for a few minutes. On your piece of paper write down or draw a picture of what you heard.</li> <li>Now go for a slow walk around your garden or outdoor space. What can you see? Choose your favourite thing and write it down or draw a picture.</li> <li>Keep walking slowly – how any different things can you safely touch? Again, choose your favourite thing and write it down or draw a picture.</li> <li>Use your thoughts to make a picture and colour it in.</li> </ul>	<p><b>Sport Dance</b> Choose a sport to help you make a short dance. Let's start with Football! Here are some important actions:</p> <ul style="list-style-type: none"> <li><b>Header</b> – jump and use your head and then celebrate</li> <li><b>Throw in</b> – step, throw and run onto the pitch</li> <li><b>Strike</b> – kick and celebrate</li> <li><b>Pass</b> – move and pretend to pass</li> <li><b>Dodge</b> – imagine getting away from a defender. Try a side step</li> <li><b>Tackle</b> – pretend to tackle</li> <li>Mime each action and link them together. You could include some warm up actions too (jog, high knees, lunges)</li> <li>This dance will work with any sport – try netball or even swimming!</li> </ul>
Challenge 5 – Personal Best 	Challenge 6 – Problem solving 	Challenge 7 – Gymnastics 	<p><b>Week 5 Physical Activity Challenges: 7 – 11 year olds</b></p> 
<p><b>Hold the plank</b></p> <ul style="list-style-type: none"> <li>How long can you hold the plank position for?</li> <li>Make sure you have the correct body position. Try and keep your body straight.</li> <li>Have a rest and try and beat it!</li> </ul>  <p><b>Easier way:</b> Use a chair or sofa to rest your arms on. <b>Harder way:</b> Hold the plank position but push up onto your hands and then back down again!</p>	<p><b>Sports charades</b></p> <p>You will need two people and a safe space.</p> <ul style="list-style-type: none"> <li>Test your non-communication and observation skills with this game.</li> <li>One person selects a sport and has 2 minutes to mime the sport to the other person. You cannot speak or write anything down – use actions only (one point)</li> <li>Now try and select a technique within a chosen sport. For example, the serve in tennis. Your partner has to name the sport and the technique (two points)</li> </ul> <p><b>Easier way:</b> Choose an easy sport and technique. <b>Harder way:</b> Choose 2 techniques, for example, in football or hockey, dribbling the ball and scoring. Your partner would get three points (one for the sport, one for dribbling and one for scoring)</p>	<p><b>Max Whitlocks HIIT workout Rebound jumps – Google 'Max Whitlocks HIIT workout Wednesday' and follow the exercises</b></p> <ol style="list-style-type: none"> <li><b>Rebound jumps</b> - small jumps, knees bent and straight body.</li> <li><b>Hop and balance</b> – 3 hops and balance then swoop legs and repeat.</li> <li><b>Dish Rocks</b> – lie on your back with your legs straight and lifted off the floor. Raise your legs gently so you rock – you should feel this in your tummy.</li> <li><b>Arch Ups</b> – Lie on your tummy with your legs straight and your arms stretched in front of you. Raise your legs and arms at the same time.</li> <li><b>Front support climbs</b> – get into the plank position. Start on your hands and then lower one arm after the other, so you go onto your forearms.</li> <li><b>Front support to back support</b> – start in the front support position and turn your body into back support – repeat</li> </ol>	

## Coronavirus Updates, Information and other Support Links

Here is a list of support services that children, young people and families can access whilst they are off school.

<http://www.startingwellworcs.nhs.uk/> Twitter account - @SN\_Kidd

<https://www.healthforkids.co.uk/><https://youngminds.org.uk/contact-us/>

<https://www.actionforchildren.org.uk/support-for-parents/children-s-mental-health/?utm>

<https://www.samaritans.org/how-we-can-help/contact-samaritan/>

<https://www.childline.org.uk/>

Please do not hesitate to contact school health nurses if you require any telephone advice/support. Or email the generic school health nurses at:

[whcnhs.startingwellpublichealthnursingwf@nhs.net](mailto:whcnhs.startingwellpublichealthnursingwf@nhs.net)

[Here2Help](#)

<http://www.worcestershire.gov.uk/Here2Help>

The types of additional support available to people through Here2Help is as follows and the aim is to prevent families/households getting to crisis points:

- Food and Supplies - Unable to obtain food and supplies (including specific food and supplies)
- Health and Medication - Help with collecting medicine and prescriptions
- Commitments - Including childcare, pets and transport
- Connectivity and Entertainment - Internet access; Ideas for entertaining children
- Mental Health and Wellbeing - Social isolation and loneliness; Keeping active

### Department for Education coronavirus helpline

The Department for Education coronavirus helpline is available to answer questions about COVID-19 relating to education and children's social care. Staff, parents and young people can contact this helpline as follows:

Phone: 0800 046 8687 Opening hours: 8am to 6pm – Monday to Friday 10am to 4pm – Saturday and Sunday

### The E Bug Project

<https://e-bug.eu/>

The e-Bug project is led by Public Health England and has a dedicated webpage for learning resources on hand washing and respiratory hygiene.

Resources are currently available for KS1, KS2 and KS3 and can be used in various settings including schools and at home.



Our school WHP Link Worker Lucy Plowright is at the end of the phone on this number 07824 512983. They offer help and support through this challenging time and can help with things like putting new routines into place, tips and strategies for managing children's behaviour, ways to help siblings be more co-operative and how parents can work together more effectively. Give our WHP Link Worker a call.