

Newsletter



Happy New Year and Welcome Back!

We hope that you had an enjoyable and restful Christmas holiday!

This term, we welcome Mrs. Williams who will be teaching with Mrs. Bennett in Year 2. Mrs. Williams has many years teaching experience as well as working for SEN Services at County.

We are introducing a new maths scheme this term and will be offering parents/carers the opportunity to come and find out more about this soon – please keep your eyes open for the date!

We have started the term with a focus on healthy lifestyles. You may have heard in the news this week that Change4life have produced guidance on healthy snacks and I believe that there will be a leaflet sent to schools to explain this in the near future.

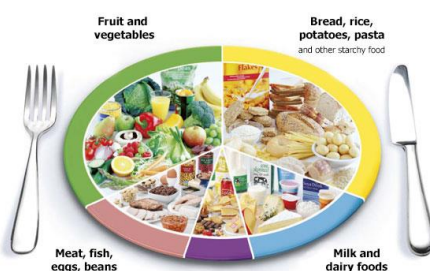
We have talked to the children about healthy lifestyles – being active, drinking water, getting plenty of rest, eating a balanced, healthy diet, having fun and being safe. We have asked the children to think about what is on their dinner plate or in their packed lunch and to see if they can make sure that it is as healthy as possible i.e. most of the space is taken up with vegetables/fruit/protein/carbohydrate and only a very small amount of the plate/lunchbox is high fat/high sugar items. We have also reminded the children that break time snacks should be fruit/vegetables or a healthy alternative. We will not allow the children to have sweets, chocolate, crisps or chocolate coated cereal bars at break time. A small portion of this type of food could be in their lunchbox if parents/carers feel it is appropriate/necessary. Fruit is provided to pupils in Key Stage 1 and, as Reception use snack time within their learning time, it is not necessary to send a snack in for them. Hopefully, the new change4life guidance will give us all more ideas!

For those pupils having hot school meals, you have the peace of mind in knowing that food options and portion sizes comply with very rigorous food standards guidance in terms of balance and fat, salt and sugar content.

We hope that you will support us with this as I know that you want your child to grow up as healthy as they possibly can.

The following is a good source of information

<https://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx>





DO YOU KNOW WHO YOU'RE LETTING INTO YOUR HOME?

1 in 3 children are victims of online bullying - keep your child safe.

#Be Cyber Smart The Virtual World Has Real Life Consequences

Many children will have had electronic devices or smartphones this Christmas and West Mercia Police want to help you to help them, stay safe online.

Two identical **FREE** drop-in events to help raise awareness of online safety and help you to protect your children from online bullying and harassment are taking place.

When and where?

The Hive, The Butts, Worcester, WR1 3PD

Saturday 20th January, 10am-1pm

Wednesday 7th February, 1pm-5pm

It is a joint initiative and people from West Mercia Police, Worcestershire County Council, Parents' Voice and Youth Workers will be on hand to give support and advice.

For children there is no difference between online and offline life. To them, it's just life. There's no doubt that the internet and social media give children amazing opportunities to learn, to develop new skills, to make connections and friendships and to interact with others. We should not be afraid to embrace it.

At the same time, it's the job of parents, teachers, and policy-makers to make sure that children are making informed choices, are protected and are not left to wander around the digital world on their own. You wouldn't drop a 12-year-old in the middle of a big city and expect them to fend for themselves. The same should be true online.

Go along and pick up some tips, Be Cyber Smart.



Children in Reception need to come to school in their Forest School clothes, including a long sleeved top, long trousers, a waterproof coat, a hat and gloves and bring wellingtons with them. Please ensure all items are named.

Children in Years 1 and 2 and Years 3 and 4 need to bring their Forest School kit with them. Please make sure it is all named and you have a bag for your wellies.

Reception

Mrs Tench Wednesday 10th, 24th January,
7th, 28th February,
7th, 21st March
Mrs Dunn/Mrs Trow Wednesday 17th, 31st January,
14th February,
14th March

Year 2

Mrs Bennett Friday 12th, 26th January
9th February
2nd, 9th, 23rd March
Mr Pritchard Friday 19th January
2nd, 16th February
16th March

Year 1

Mrs Field Thursday 11th, 25th January
8th, February
1st, 8th, 22nd March
Mr Morris Thursday 18th January
15th February
15th March

Years 3/4

Mrs Page Tuesday
9th, 16th, 23rd, 30th
January
6th, 13th, 27th
February
6th, 13th, 20th
March



Can you help?

The Forest School Team are about to embark on our next major project.

We need a new pond.

A wildlife pond and garden area is an invaluable resource to our outdoor learning environment, but sadly, ours needs a complete overhaul. After receiving some expert advice, now is the best time of the year to do this. Therefore, we are inviting you to help us make this a possibility.

How you can help.

Do you have skills or knowledge that could help us?

Do you have contacts who may be willing to help with materials?

Are you able to come along on Saturday 20th January 2018 to get stuck in?

If you can help please contact Jayne Dickenson (Forest School Leader) at jcd38@bewdleyprimary.worcs.sch.uk or leave a message with the school office and I'll contact you.



School dinners

Please remember to book your child's lunch in advance using Parent Pay even if your child is in Reception, Years 1 or 2, or receive free school meals. This ensures that enough food is provided for all those that have booked.



Absence from School

If your child is absent from school please remember to let school know as soon as possible by telephoning the office and stating your child's name, class and the reason for their absence.



Spring Term After School Clubs

All after school clubs start week commencing 15th January. There are places available in most clubs. Please see the ladies in the school office if you would like to add your child to a club. Payments for clubs must be made via Parent Pay.



Reception Hearing Tests

Children in reception will be having their hearing tests on Tuesday 9th January or Friday 12th January. A letter was sent home before Christmas.

PTFA Update

Film night will be rescheduled to [Friday 19th January](#). We will now be showing [Captain Underpants](#)! To book a place please do so using Parent Pay. For those children who had booked onto the Polar Express film night in December, which was subsequently cancelled, you do not need to rebook.



The next PTFA Meeting will be on Thursday 18th January, 7.30pm at The Great Western.